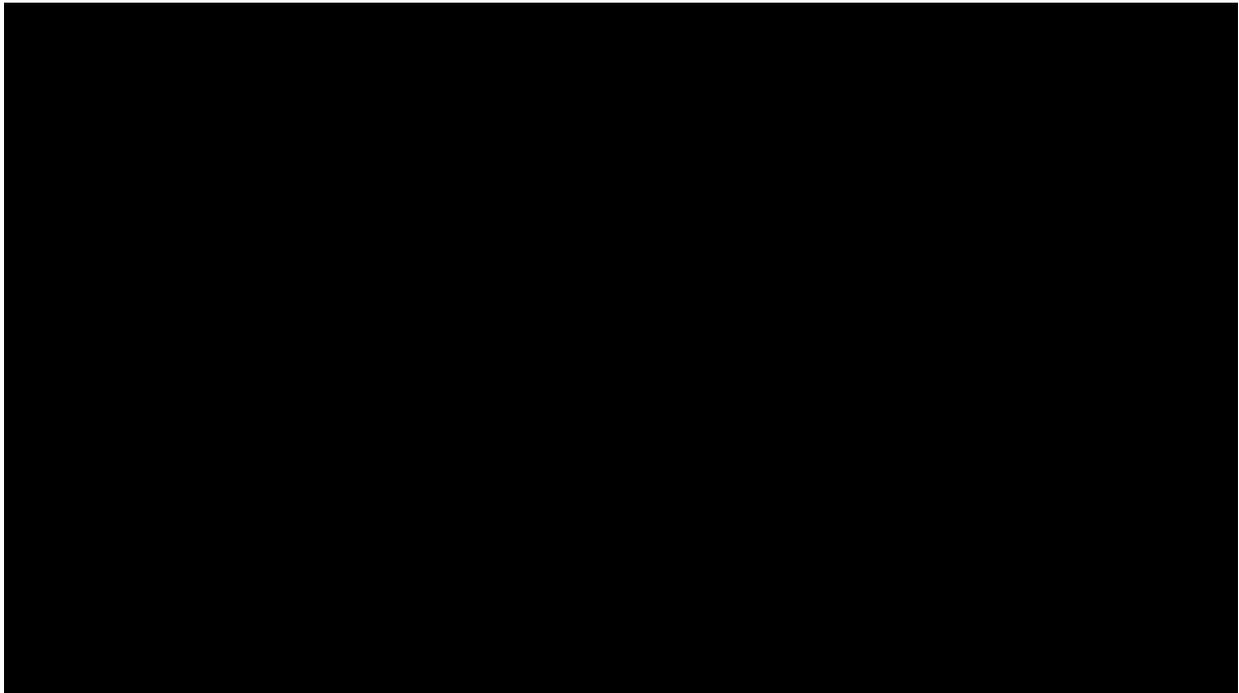


Training Psychologists as Social Justice Advocates



Tania Israel, Ph.D.
Professor

Department of Counseling, Clinical, & School Psychology
University of California, Santa Barbara
tanaisrael.com
@tania_israel



What is social justice in counseling psychology?

“Actively working to
change social institutions, political and
economic systems, and government structures
that perpetuate unfair practices, structures, and
policies in terms of accessibility, resource
distribution, and human rights.” (Fouad,
Gerstein, & Toporek, 2006)

Counseling Psychology Core Competencies

	READINESS for PRACTICUM	READINESS for INTERNSHIP	READINESS for ENTRY to PRACTICE
Oriented Toward Social Justice	<u>Demonstrates awareness of social, political, economic and cultural factors</u> that impact individuals, institutions and systems, in addition to other factors that may lead them to seek intervention	<u>Uses awareness</u> of the social, political, economic or cultural factors that may impact human development in the context of service provision	<u>Intervenes with client to promote action</u> on factors impacting development and functioning
Systems Change	<u>Understands the differences between individual and institutional level interventions and system's level change</u>	<u>Promotes change</u> to enhance the functioning of <u>individuals</u>	<u>Promotes change</u> at the level of <u>institutions, community, or society</u>

How do counseling psychology doctoral trainees perceive SJ training?

Table 1. Qualitative Themes

Open-Ended Questions	Participant Themes
How do you define social justice?	Promotion of social equality Minimization of current social inequalities Recognition of the context of society Social justice as a concept or ideal to strive toward versus acts or efforts that are behaviorally based and outcome oriented
How do you practice social justice professionally?	Self-awareness/reflection on one's biases Self-education on social justice issues Infusion of social justice in clinical work Infusion of social justice in research Infusion of social justice in teaching Campus/community activism
How do you practice social justice personally?	Self-awareness/reflection on personal biases Self-education Consciousness raising "Walking the talk" Social justice activism
How do you envision the Goodman et al. (2004) social justice principles should be integrated into counseling psychology doctoral training?	Infusion across all aspects/levels of training "Walking the talk" Training opportunities outside of counseling psychology programs

Counseling Psychology Trainees' Perceptions and Commitments

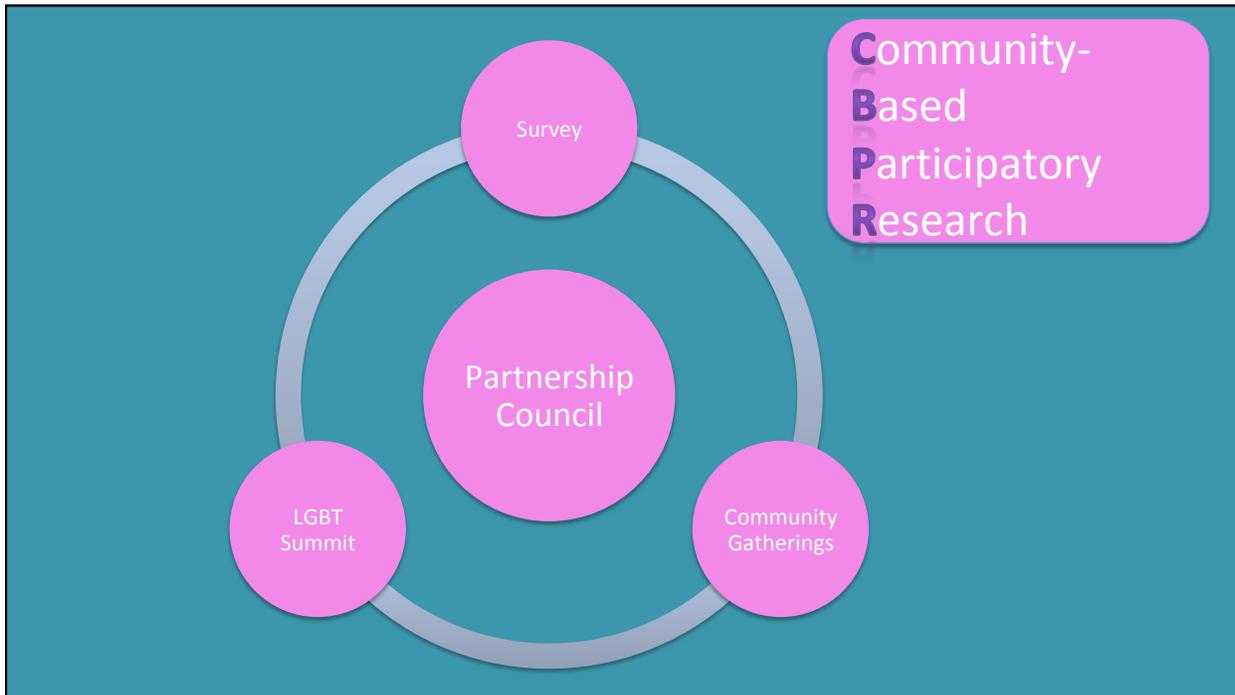


What makes a social justice advocate?



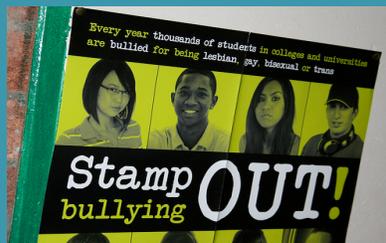
Integration of social justice training





Priorities for community action

1. Safety – harassment, violence, discrimination
2. Diversity within LGBT communities
3. Social events and spaces





Pass a VAWA that protects ALL!

National Task Force on End Sexual and Domestic Violence Against Women

SPSSI
The Society for the Psychological Study of Women

VAWA 2013
LET'S GET IT DONE.

Get VAWA done now!

Do your job: Pass VAWA!





PROJECT RISE
RESEARCH &
INTERVENTIONS FOR
SEXUAL & GENDER MINORITY
EMPOWERMENT

- Facebook: ProjectRISEUCSB
- Twitter: @LGBTRISE





Ways You Can Resist Trump Without Leaving Your Living Room*
*according to Psychology

Four Tips to
Prevent Activist Burnout
From a Psychologist's Perspective

Activism can feel like a rollercoaster, sometimes you may feel encouraged in your efforts, other times it can feel more overwhelming. Your ability to ride the highs and lows of activism will be ameliorated by your ability to take care of yourself. Get your activism on!

These are the tips:



Celebrate The Small Victories



Take Time For Reflection



Develop Activist Habits



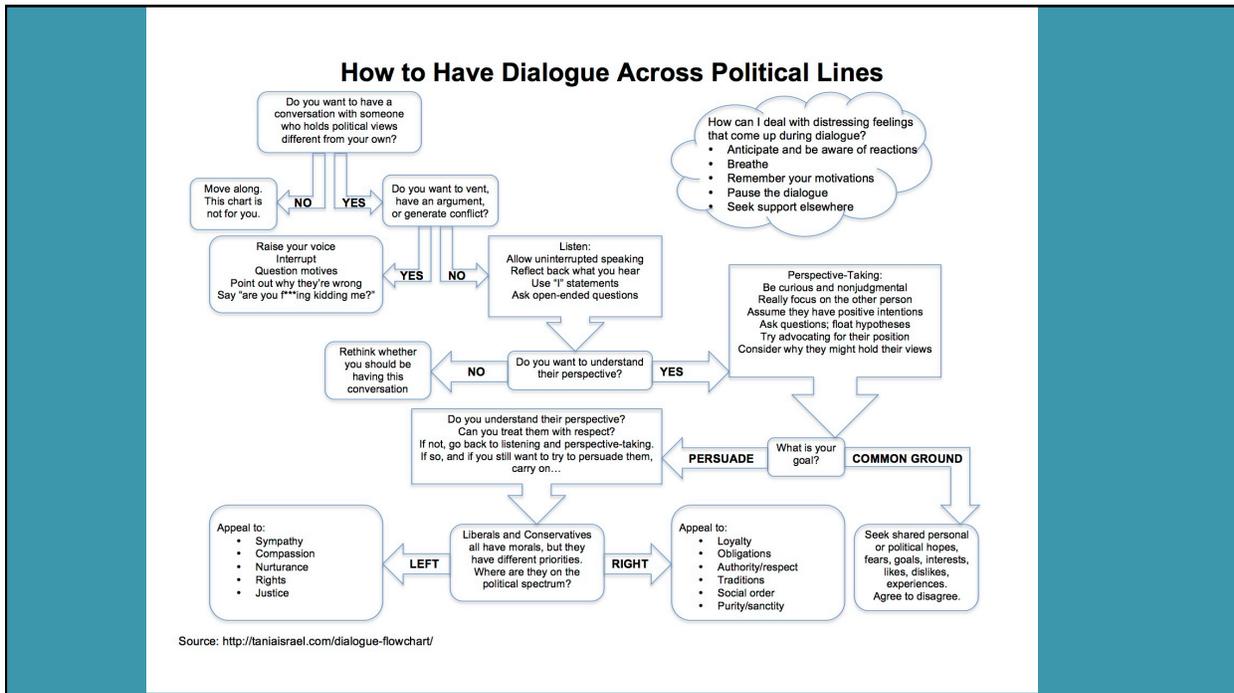
Learn About Historical Resistance



GOT HOPE?
THE VALUE OF HOPE IN COMMUNITY ORGANIZING



According to Psychology



We want our students to be

Effective

Advocates

Drawing on psychological knowledge and skills

To dismantle barriers to equity and justice

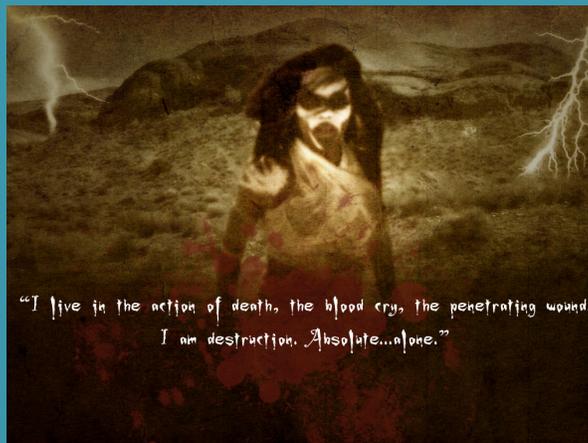
Pair-Share

- Select one way of integrating social justice training into your doctoral program
- What would it look like?
- What would be needed to implement it?

All I need to know about social justice advocacy training, I learned from



The First Slayer





The Chosen One





Potentials



Remember Your Potential

